



2023 Quarterly

Newsletter

Restoring Self, Preserving Family



A Journey of Redemption: Todd S. McFarland's Story

Todd S. McFarland's life began in California, born in June 1963 into a family that frequently moved, giving him a childhood rich with new homes and experiences. Despite these challenges, his family ensured a stable and loving environment.

At 14, Todd was introduced to substances like marijuana and alcohol. His passion for swimming, however, instilled discipline and provided a refuge, helping him navigate these temptations.

During high school in Arizona, Todd shone as a swimmer but also began to experiment with alcohol. College brought more exposure to substance use, even among his swim team peers, along with diverse experiences like running the school newspaper and founding a fraternity.

Post-college, Todd's life seemed picture-perfect: marrying his sweetheart, a flourishing career, and three beautiful children.

However, as his responsibilities grew, so did his reliance on alcohol, reaching a peak during the isolating times of the COVID pandemic.



Scan the code to watch Todd tell his story.

Anything worth it, is worth fighting for!

A pivotal moment came in November 2022. A day of drinking led to a severe car accident, a wake-up call that illuminated the depth of his addiction.

In a heartfelt note to The Morton Center, Todd expresses deep gratitude for their role in his journey.

Continue inside...

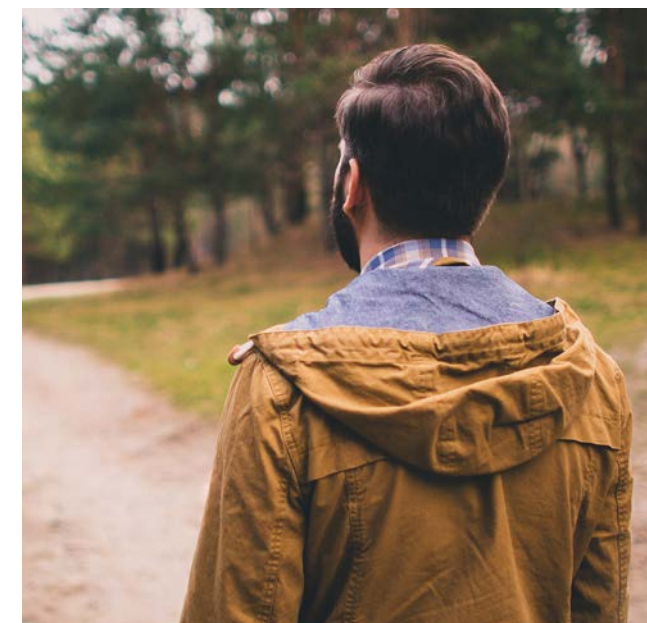
Continuation of Todd S. McFarland's Story

The Morton Center's Intensive Outpatient Program (IOP) played a crucial role in helping him understand the value of 'choice' in battling addiction. They offered a safe space to process his situation, discuss concerns, and challenge him to build a recovery plan centered on reclaiming this vital aspect of his life - the power of choice.

Todd emphasizes that The Morton Center didn't eradicate his addiction but armed him with tools to fight it, acknowledging that recovery is a 'daily' fight.

"One Day At A Time,"

he writes, is his mantra, with the path to recovery being far from easy. The energy to persevere comes from the fellowship and care of The Morton Center, reestablishing his faith, support from AA meetings, old and new friends, and the unwavering support of his family, his "rock."



His journey at The Morton Center

was the starting point of his recovery, helping him to 'Restore Self and Preserve Family'. Todd, holds on to his father's wisdom: "anything worth it is worth fighting for."



Committed to improving his life, faith, and family relationships, Todd now cherishes the clarity of sober choices. His story is one of redemption and hope, a journey underscored by his deep gratitude to The Morton Center for providing an environment of trust and support.

"Thanks," says Todd, acknowledging the life-changing impact of The Morton Center in his journey of redemption and hope.



Scan the code to watch Todd tell his story.

Staff Spotlight

Tiffany Hall

We are beyond fortunate to announce that our new head of clinical operations is someone with decades of experience serving others at one of the highest degrees possible. Meet Tiffany, The Morton Center's Clinical Director, who joined our organization in August.

For the past 20 years, Tiffany has been working for a large, local nonprofit, where she worked her way up from case manager to Chief Operating Officer, overseeing a large team across multiple states. Making her an even more perfect fit for The Morton Center, Tiffany's career focus has been addiction recovery — working with couples and impacted family members of persons with substance use disorders.



Tiffany also started an Addictions minor curriculum at Spalding University, where she teaches Addictions courses.

A year ago, a life-changing health crisis led Tiffany to prioritize her health and work-life balance in a whole new way, and she left her professional home of two decades in January 2023. Ready for a more manageable leadership role in an organization she had long respected and collaborated with, she found the perfect landing pad at The Morton Center.

Welcome to the team, Tiffany! We have already benefitted greatly from your expertise and compassionate approach.

Our deepest thanks to our monthly donors.

When someone comes to The Morton Center for the first time, often, they are afraid. They're not sure they want to be there. They're not sure they can do this.

They're not sure they can afford this.

But there you are. Month after month until they're in recovery. You've helped hundreds of men and women and teens get sober. You've been there to support their children and loved ones.

You've given hope. And most certainly, you've saved lives.



It's the time of year when many people begin thinking about Christmas gifts.

As you begin to plan, we hope you'll consider a gift to The Morton Center in honor of a loved one. Your gift will provide much needed support for someone recovering from addiction and their families. We'll provide a lovely card to your gift honoree.

See the enclosed form to make a donation, or go to www.themortoncenter.org

Heroes for HOPE

Annual Fundraising Luncheon

We hosted our annual luncheon on September 26. First, I want to thank those who were able to make and support the event. We managed to raise an impressive \$70,500, which is something to celebrate!



Chuck sharing his story



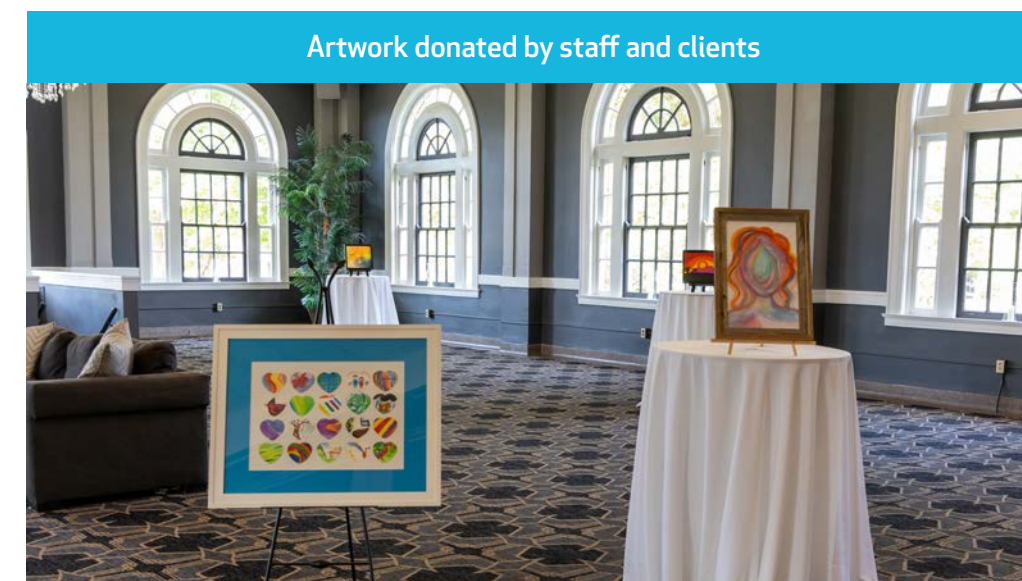
Heroes For Hope annual luncheon venue



DONATE AND SUPPORT



Table decor



Artwork donated by staff and clients